# Timecode Introduction & respiratory

### Part 1 - 32 MB INTRODUCTION

- 0 Introduction and explanation of topics covered
- 2.2 Prescribing skills web site and difficult drugs
- 3.14 Core topics that come up often those FY1s see often; how to target revision for Finals
- 5.48 Written paper 6A
- 7.35 OSCE circuits
- 7.51 Five fifteen-minute clinical stations
- 10.25 Six ten-minute communication skills stations
- 11.08 Six six-minute practical procedures
- 11.56 ENDS

## Part 2 - 8MB AIMS OF THE REVISION COURSE

- 0 Aims of the revision course
- 3.04 ENDS

### Part 3 - 43 MB GENERIC THINGS

- 0 How to structure notes: History; Examination; Investigations; Management
- 0.47 Examination remember signs in the order you examine the patient
- 1.53 Investigations helpful / diagnostic / prognostic / managerial
- 3.54 Investigations bedside / bloods and micro / radiology / specialist
- 4.42 Management
- 5.48 CHEMO-IV Mnemonic less trite than ABC for FY1s to use in acute management
- 7.17 Four-step generic management of any chronic disease
- 10.06 Five questions to ask any patient who comes in with any chronic disease
  How to take histories for Finals and beyond have enough info in History of Presenting Complaint
- 14.31 to make diagnosis or differential diagnosis
- 17.35 ENDS

### Part 4 - 32MB RESPIRATORY 1

- 0 History-taking crucial
- 0.43 Must not run out of questions
- 1.31 Respiratory history
- 1.36 Shortness of breath
- 2.36 Exercise tolerance
- 3.35 Sleep
- 4.09 Cough
- 5.14 Sputum
- 5.58 Infective exacerbation of ...
- 6.35 Haemoptysis
- 7.29 Wheeze
- 7.35 Chest pain
- 7.4 Beware of acronyms e.g. SOCRATES, DANISH
- 9.42 Pain history generally
- 11.18 Lead the patient through the history
- 11.34 ENDS

# Part 5 - 21MB RESPIRATORY 2

- 0 Chest pain
- 0.29 How to ask a respiratory history as opposed to how to present it
- 1.26 Previous medical history
- 2.15 Medications that might affect the respiratory system
- 3.49 Common drugs know everything about them
- 4.08 Respiratory medications
- 4.1 Beta-2 agonists
- 4.17 Steroids
- 4.44 Anti-muscarinic
- 5.32 Theophylline
- 5.35 Fast heart rate theophylline toxicity
- 6.22 Slow heart rate digoxin toxicity
- 6.49 Leukotriene antagonists
- 7.13 Immunosuppressants
- 7.4 Newer medications e.g. TNF-alpha
- 7.48 ENDS

## Part 6 - 10 MB RESPIRATORY 3

- 0 Oxygen therapy and synopsis of British Thoracic Society guidelines
- 1.24 Oxygen sats levels
- 2.03 Delivery systems
- 2.17 Flow of oxygen
- 2.53 Hypoxaemia; beware of stopping oxygen because CO2 high and pH low
- 4.17 ENDS

### Part 7 - 43 MB RESPIRATORY 4

- 0 Long-term steroids need to prescribe bone-sparing agents as well
- 0.31 Allergies; atopy; family history; medication history
- 1.14 Social history
- 4.41 Review of systems / systemic history
- 5.35 Examination
- 7.3 Generic things well / unwell
- 8.55 Vital signs
- 13.09 Primary survey from the end of the bed feet to face; clinical clues around the bed
- 15.16 ENDS

### Part 8 - 40 MB RESPIRATORY 5

- 0 Primary survey from the end of the bed continued
- 0.41 Sputum pots
- 1.35 Observation chart and drug chart
- 3.33 Hands
- 4.05 Causes of clubbing
- 9.54 Examination of the hands; anaemia; CO2 retention; asterixis (flapping tremor)
- 14.31 Pulse
- 14.5 ENDS

# Part 9 - 19 MB **RESPIRATORY 6** 0 Pulse continued 0.27 Blood pressure 0.54 Pulsus paradoxus 6.34 ENDS Part 10 - 29 MB RESPIRATORY 7 0 Face 1.3 Peripheral cyanosis 2.04 Eyes 2.4 Mouth; central cyanosis 3.5 Lymph nodes 5.13 Trachea; causes of deviation of trachea 9.33 ENDS Part 11 - 128 MB **RESPIRATORY 8** 0 Inspection of the chest 2.11 Expansion of the chest 6.14 ENDS Part 12 - 32 MB RESPIRATORY 9 0 Expansion of the chest continued 2.06 Percussion 6.4 Tactile vocal fremitus 7.29 Vocal resonance; whispering pectriloquy 8.02 Auscultation 8.32 Back of the chest 10.22 Stethoscopes in exams 11.53 ENDS Part 13 - 36 MB RESPIRATORY 10 0 Patient made comfortable and dressed 1.06 Thinking time before the bell goes - findings and diagnosis 2.2 Other things you say you would like to know about the patient 3.06 Simple differentials 3.32 Everyone should be able to pass Finals 4.06 Investigations 4.28 Full blood count 6.46 Urea and electrolytes 9.12 Random blood glucose 9.35 Other investigations 11 Chest X-ray 11.4 Blood gases 12.42 Spirometry and peak flow 13.28 ENDS

# Part 14 - 66 MB RESPIRATORY 11

- 0 Peak flow
- 2.45 Spirometry
- 3.56 Restrictive pattern
- 4.46 Obstructive pattern
- 5.25 Difference between peak flow and spirometry
- 6.1 Arterial blood gases
- 7.4 Technique
- 8.32 Allen's test
- 9.2 Interpretation normal values
- 11.19 Acid-base component
- 11.26 Acidosis
- 15.29 Compensation
- 18.19 Alkalosis
- 22.28 Compensation
  - 24 ENDS

# Part 15 - 31 MB RESPIRATORY 12

- 0 PO2 and CO2 component
- 0.03 Types of respiratory failure
- 0.33 Type 1 respiratory failure
- 4.2 Oxygen administration
- 7.18 Type 2 respiratory failure
- 10.51 ENDS

# Timecode Respiratory Part 1 - 31 MB **RESPIRATORY 13** 0 Blood gases - six sets of results given to work out 2.16 Screen shot of the results on the board Results set 1 discussed - type 2 respiratory failure with a mixed metabolic respiratory acidosis; 3.5 infective exacerbation of COPD 8.1 Base excess 10.14 Results set 2 discussed 10.18 ENDS Part 2 - 29 MB **RESPIRATORY 14** 0 Results set 2 discussed continued - metabolic alkalosis 1.53 Results set 3 discussed - metabolic acidosis Results set 4 discussed - metabolic alkalosis compensating a respiratory acidosis (Type 2 3.13 respiratory failure); COPD patient who is relatively well Results sets 5 and 6 discussed - 6 hyperventilation due to e.g. hysteria; 5 hyperventilation 5.48 because unwell due to any cause of Type 1 respiratory failure 9.31 Top Ten respiratory conditions for Finals 10.02 ENDS Part 3 - 29 MB **RESPIRATORY 15** 0 Top Ten respiratory conditions for Finals continued 0.42 Pneumonia 0.48 Typical pneumonia 0.51 History 2.12 Examination 3.39 Investigations 5.31 Management 8.27 CURB 65 score to assess severity of community-acquired pneumonia 9.48 SOAR score for over-65s 10.02 ENDS Part 4 - 44MB **RESPIRATORY 16** 0 SOAR score for over-65s continued 0.41 Atypical pneumonias 0.52 History 3.55 Examination 4.39 Investigations 7.43 Management 9.2 Hospital-acquired infections 10.56 Aspiration 14.13 Sepsis generally - frequently comes up in exams; know simple antibiotic regimes 14.42 ENDS Part 5 - 29 MB **RESPIRATORY 17** 0 Asthma 1.08 Definition 2.04 History - acute asthma 3.21 History - chronic asthma 4.26 Examination and investigations - mild to moderate v. severe or life-threatening asthma 9.18 Anecdote about a patient with severe asthma 10.04 ENDS Part 6 - 29 MB **RESPIRATORY 18** 0 Anecdote about a patient with severe asthma 0.57 Management

- 4.48 Alarm bells patient is tiring
- 5.36 Reasons to do a chest X-ray
- 5.55 Other investigations
- 7.18 Antibiotics if infective cause
- 8.05 Chronic disease management
- 8.08 Education
- 9.04 Risk factors
- 9.36 Multidisciplinary team
- 10.02 ENDS

### Part 7 - 29 MB RESPIRATORY 19

- 0 Multidisciplinary team continued
- 0.03 Medications
- 0.28 Stepwise management
- 5.4 COPD
- 5.5 Clinical diagnosis
- 7.43 History
- 9.18 Spirometry definitions
- 9.35 Differentiation from asthma
- 10.04 ENDS

### Part 8 - 22 MB RESPIRATORY 20

- 0 Relatively well patient
- 0.12 Examination
- 2.45 Management of acute COPD
- 5.3 Basic investigations
- 5.5 Reasons to get senior help urgently
- 6.18 Chronic disease management
- 7.46 ENDS

# Part 9 - 27 MB RESPIRATORY 21

- 0 Respiratory failure likely to come up in exams
- 0.21 Common things on the wards and in exams
- 0.31 Pleural effusions
- 0.35 Causes of transudates
- 2.42 Causes of exudates
- 4.03 Transudate versus exudate
- 4.21 Light's criteria especially important in patients with hypoalbuminaemia
- 7.5 Pulmonary fibrosis
- 8.02 Causes
- 8.57 Upper zone fibrosis
- 9.51 Middle zone fibrosis
- 10.02 ENDS

# Part 10 - 29 MB RESPIRATORY 22

- 0 Middle zone fibrosis continued
- 0.09 Lower zone fibrosis
- 0.48 Examination
- 1.49 Haemoptysis
- 1.5 Causes
- 3.45 Venous thromboembolic disease
- 4.21 Pulmonary embolism
- 4.23 History
- 6.38 Examination
- 7.57 Management as soon as suspect pulmonary embolism
- 8.11 Examination continued
- 9.35 WELLS Scores for deep vein thrombosis and pulmonary embolism

# 10 ENDS

## Part 11 - 29 MB RESPIRATORY 23

- 0 WELLS Score for deep vein thrombosis continued
- 6.11 WELLS Score for pulmonary embolism
- 7.54 Investigations and management of suspected deep vein thrombosis
- 9.38 Investigations of suspected pulmonary embolism
- 10.02 ENDS

### Part 12 - 42 MB RESPIRATORY 24

- 0 Investigations of suspected pulmonary embolism continued
- 2.51 Management of pulmonary embolism in the relatively well patient; warfarin therapy
- 5.31 Management of pulmonary embolism in the acutely unwell patient
- 6.31 Venous thromboembolic disease generally

Tuberculosis and sarcoid - basically the same disease, plus or minus infection respectively;

- 7.36 learn the two together
- 11.03 Lung cancer generic model for thinking about malignancy
- 11.4 History
- 12.1 Local symptoms
- 12.45 Systemic symptoms
- 13.4 Other things in the history
- 14.54 ENDS

### Part 13 - 21 MB RESPIRATORY 25

- 0 Examination
- 0.09 Specific examination
- 2.55 Generic examination
- 3.17 Investigations helpful, diagnostic, and prognostic tests
- 5.58 Management of any malignancy
- 6.58 ENDS

# Part 14 - 22 MB RESPIRATORY 26

- 0 Management of any malignancy continued
- 1.19 Management of lung cancer
- 1.44 Palliative care as a house officer
- 2.32 Five things to ask the patient with palliative needs (malignancy / end-stage COPD / heart failure)
- 7.08 Summary of malignancy
- **7.3 ENDS**

# Timecode **CARDIOVASCULAR** Part 1 - 30 MB **CARDIOVASCULAR 1** 0 Introduction 0.22 History 0.35 Chest pain 3.23 Shortness of breath 4.15 Orthopnoea 5 Paroxysmal nocturnal dyspnoea 5.54 Swelling of the ankles 6.23 Cough with frothy sputum 6.59 Palpitations 8.35 Loss of consciousness 9.43 Stokes-Adams attacks 10.01 ENDS **CARDIOVASCULAR 2** Part 2 - 29 MB 0 Stokes-Adams attacks continued 0.38 History of presenting complaint generally 2.19 Risk factors - including past medical history and social history 6.56 Alcohol excess 8.43 Cardiovascular drugs 9.06 ACE-inhibitors 10.05 ENDS Part 3 - 29 MB **CARDIOVASCULAR 3** 0 ACE-inhibitors continued 1.24 Angiotensin 2-receptors blockers 1.4 Beta-blockers 2.42 Calcium-channel blockers 2.56 Diuretics 3.36 Ivabradine 4.16 Nitrates 7.02 Thrombolysis 9.29 Aortic dissection - the one true differential diagnosis of cardiac chest pain 9.59 ENDS **CARDIOVASCULAR 4** Part 4 - 29 MB 0 Aortic dissection - the one true differential diagnosis of cardiac chest pain continued 0.28 Thrombolysis continued 1.15 Statins 3.05 Anti-platelet drugs 4.38 Nicorandil 4.54 Medications generally 5.21 Family history 5.28 Social history 6.07 Examination 6.46 Well or unwell

# Part 5 - 30 MB CARDIOVASCULAR 5

6.58 Paraphernalia8.07 Vital signs9.3 Hands10.07 ENDS

- 0 Hands continued
- 1.13 Congenital cyanotic heart disease
- 2.35 Fallot's tetralogy

3.46 4.11 6.44 7.13	Eisenmenger's syndrome / VSD Transposition of the great vessels Fallot's tetralogy continued Infective endocarditis Signs of infective endocarditis ENDS
1.28 2.11 2.4 3.5 4.05 4.57 5.4 7.1 7.47 8.01	Hands summarized Pulse Rhythm / regularity 43 Rate 1.12 Four things to say about a pulse Asymmetry Collapsing pulse Blood pressure Pulse pressure Postural blood pressure Asymmetry Pulsus paradoxus Face
0 0.2 0.53 1.1 2.59 4.35 7.35	How to measure the jugular venous pressure
Part 8 - 26 MB 0 2.02 4.21 5.25 6.35 8.45	High ac waves
3.53 4.03 4.51 5.23 5.28 6.35 7.54	CARDIOVASCULAR 9 Survey from the end of the bed Inspection of the chest Apex beat Method Position Character Position continued Character continued Parasternal heave Pulmonary thrill ENDS

# Part 10 - 29 MB CARDIOVASCULAR 10

- 0 Palpation generally
- 0.38 Auscultation think what murmurs listening for based on examination so far (3 signs following immediat
- 0.55 Pulse volume
- 1.23 Pulse pressure
- 1.44 Carotid pulse
- 2.05 Apex beat
- 3.22 Stethoscopes in exams
- 4.1 Apex
- 4.53 Listening for murmurs at the apex mitral regurgitation and mitral stenosis
- 7.1 Tricuspid area
- 7.47 Pulmonary area
- 7.56 Aortic area
- 10.01 ENDS

# Part 11 - 28 MB CARDIOVASCULAR 11

- 0 Ensure patient comfortable
- 0.2 Peripheral oedema
- 0.53 Other things you say you would like to know about the patient
- 1.16 Presentation of findings and viva in OSCE
- 3.17 ECGs
- 4.04 Three golden rules for data interpretation
- 4.58 Conduction system of the heart
- 5.35 Coronary circulation
- 7.08 Scheme for going through ECGs
- 7.48 Rate
- 10.01 ENDS

# Part 12 - 28 MB CARDIOVASCULAR 12

- 0 Rate continued
- 2.34 Regularity
- 8.21 P wave morphology
- 10.01 ENDS

## Part 13 - 28 MB CARDIOVASCULAR 13

- 0 P wave morphology continued
- 0.45 PR interval
- 1.57 Heart block
- 2.18 First degree AV heart block
- 2.47 Second degree AV heart block
- 4.39 Mobitz type 1 = Wenckebach
- 5.04 Mobitz type 2
- 5.31 Third degree AV heart block
- 6.02 Complete AV heart block
- 7.53 Normal ECG axis Einthoven's triangle and axis deviation
- 10.01 ENDS

### Part 14 - 28 MB CARDIOVASCULAR 14

- 0 Axis deviation continued
- 2.37 Bundle branch block QRS complex
- 8.4 ST segment / T wave
- 9.39 The cardiac territories
- 10.01 ENDS

### Part 15 - 25 MB CARDIOVASCULAR 15

- 0 The cardiac territories
- 1.27 ECG practice examples describe changes and make diagnosis
- 9.06 ENDS

## Timecode CARDIOVASCULAR Cont.

# Part 1 - 30 MB CARDIOVASCULAR 16

- 0 Introduction
- 1.18 Pericarditis and pericardial effusions
- 1.39 History symptoms
- 3.19 Causes
- 6.1 Examination signs
- 8.59 Investigations and other causes
- 10.01 ENDS

# Part 2 - 29 MB CARDIOVASCULAR 17

- 0 Other causes continued
- 0.2 ECG
- 0.47 Management
  - 2 Endocardial / valvular heart disease
- 3.11 Mitral valve disease
- 3.23 Mitral stenosis
- 3.3 History symptoms
- 4.42 Examination signs
- 7.46 Apex beat
- 9.59 ENDS

# Part 3 - 29 MB CARDIOVASCULAR 18

- 0 Apex beat continued
- 0.09 Auscultation murmur heard; palpation
- 3.23 Causes
- 3.44 Mitral regurgitation
- 3.48 Causes
- 4.5 Examination
- 5.29 Apex beat
- 5.58 Auscultation murmur heard
- 9.36 Aortic stenosis
- 9.44 Presentation history
  - 10 ENDS

### Part 4 - 29 MB CARDIOVASCULAR 19

- 0 Presentation history continued
- 1.1 Examination
- 2.1 Apex beat
- 3.15 Auscultation murmur
- 4.39 Causes
- 5.11 Aortic regurgitation
- 5.36 Examination
- 7.2 Apex beat
- 7.49 Murmur of aortic stenosis omitted before
- 8.15 Auscultation murmur of aortic regurgitation
  - 10 ENDS

# Part 5 - 30 MB CARDIOVASCULAR 20

- 0 Examination of every cardiovascular patient decide before auscultation what listening for
- 0.52 Eponyms signs
- 1.01 Fingers
- 1.16 Collapsing pulse
- 1.37 Face
- 2.5 Austin-Flint murmur

3.16	Pistoi-snot remorals and Duroziez's sign	
4.13	Causes of acute aortic regurgitation	
4.58	Endocarditis	
5.55	History - symptoms	
6.39	Causative organisms	
10.01	ENDS	
Part 6 - 30 MB	CARDIOVASCULAR 21	
0	Causative organisms continued	
0.27	Examination - signs of infective endocarditis	
2.45	Investigations	
4.16	Treatment	
6.39	Endocarditis prophylaxis	
	Ischaemic heart disease	
9.13	History	
	Risk factors	
	ENDS	
Part 7 - 30 MB	CARDIOVASCULAR 22	
0	Risk factors	
0.39	Past medical history	
1.37	Examination	
3.2	Investigations	
3.53	Signs of heart failure on a chest X-ray	
	Acute coronary syndrome - algorithm	
	Unstable angina	
	Acute coronary syndrome - immediate management	
	ECG	
10.01	ENDS	
Part 8 - 26 MB	CARDIOVASCULAR 23	
0	CARDIOVASCULAR 23	
0 0.27	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina	
0 0.27 2.18	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management	
0 0.27 2.18 4.07	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management	
0 0.27 2.18 4.07	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs	
0 0.27 2.18 4.07 7.17	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add	
0 0.27 2.18 4.07 7.17 8.1	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure	
0 0.27 2.18 4.07 7.17 8.1 8.28	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.59 Part 9 - 30 MB 0 0.1	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 0.12 2.04	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 0.12 2.04 2.28	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death Chronic complications	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 0.12 2.04 2.28 3.04	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death Chronic complications Heart failure	
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0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 2.04 2.28 3.04 3.32 4.13	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death Chronic complications Heart failure	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 0.12 2.04 2.28 3.04 3.32	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death Chronic complications Heart failure Definition Presentation - symptoms of fluid overload Causes	
0 0.27 2.18 4.07 7.17 8.1 8.28 9.22 9.3 10.3 11.03 11.34 11.59 Part 9 - 30 MB 0 0.1 2.04 2.28 3.04 3.32 4.13	CARDIOVASCULAR 23 ECG - STEMI / NSTEMI and unstable angina STEMI - management NSTEMI and unstable angina - management Prognostic-improving drugs Other drugs you might add Management if patient goes into heart failure Drugs if ongoing unstable chest pain awaiting intervention Chronic disease management Education Risk factors Multidisciplinary team Medications ENDS  CARDIOVASCULAR 24 Acute and chronic complications Acute complications Heart failure Sudden death Chronic complications Heart failure Definition Presentation - symptoms of fluid overload	

- 9.56 Examination
  - 10 ENDS

### Part 10 - 29 MB CARDIOVASCULAR 25

- 0 Examination
- 1.44 Diagnostic investigations in the acute patient
- 1.49 Bloods
- 4.21 ECG
- 4.56 Chest X-ray
- 5.42 Echocardiogram
- 6.01 Treatment
- 8.1 Treatment if no blood pressure
- 8.53 Management generally and monitoring
- 9.53 ENDS

# Part 11 - 28 MB CARDIOVASCULAR 26

- 0 Third and fourth heart sounds
- 0.57 Acute heart failure summary
- 1.05 Urine output
- 2.55 Catheterize or not?
- 3.37 Chronic heart failure chronic disease management: education; risk factors; multidisciplinary team
- 4.1 Drugs
- 9.06 Implantable defibrillators
- 9.44 Pacing
- 9.51 ENDS

# Part 12 - 28 MB CARDIOVASCULAR 27

- 0 Pacing continued
- 0.47 Hypertension
  - 1.1 Grades (classification) and their management
- 6.37 Causes
- 7.57 History
- 8.48 Examination
- 9.18 Hypertensive retinopathy four grades
- 9.57 Heart failure cardiac dysfunction
- 10.03 ENDS

# Part 13 - 15 MB CARDIOVASCULAR 28

- 0 Heart failure cardiac dysfunction
- 0.09 Renal disease
- 0.3 Investigations
- 0.57 Chronic heart failure B naturetic peptide (should have been mentioned before)
- 1.35 Investigations continued
- 2.1 Chronic disease management
- 2.22 Treatment
- 6.09 ENDS

### Timecode RENAL & DIABETES

### Part 1 - 29 MB RENAL 1

- 0 Introduction
- 0.29 Renal
- 0.32 History symptoms
- 4.17 Uraemia
- 7.52 Causes of renal impairment
- 8.15 Drug history
- 9.05 Rest of history
- 9.52 Examination
  - 10 ENDS

### Part 2 - 29 MB RENAL 2

- 0 Examination continued
- 2.32 Hands
- 4.23 Blood pressure
- 5.11 Capillary blood glucose
- 5.42 Temperature
- 5.53 Face
- 7.24 Neck
- 7.54 Respiratory system
- 8.03 Heart
- 8.45 Abdomen characteristics of a renal mass as opposed to liver or spleen
  - 10 ENDS

# Part 3 - 29 MB RENAL 3

- 0 Abdomen characteristics of a renal mass as opposed to liver or spleen continued
- 2.03 Peripheral circulation
- 2.43 Ensure patient is comfortable
- 2.52 Presentation of findings
- 3.13 Investigations
- 3.16 Bloods
- 5.03 Microbiology
- 8.25 Organisms that cause urinary tract infections
- 9.29 Treatment antibiotics
- 10.02 ENDS

### Part 4 - 29 MB RENAL 4

- 0 Treatment antibiotics continued
- 3.33 Red cell casts tubular damage
- 4.21 Proteinuria
- 5.37 Urinary protein: creatinine ratio
- 8.49 Other investigations
- 9.22 Radiology
- 9.59 ENDS

# Part 5 - 29 MB RENAL 5

- 0 Radiology
- 1.17 Causes
- 1.55 Pre-renal
- 2.41 Obstructive
- 5.01 Treatment
- 5.31 Renal
- 6.4 Common causes of glomerulonephritis
- 9.35 Acute versus chronic renal failure

	Definition of organ failure ENDS
<b>Part 6 - 29 MB</b>	RENAL 6 Functions of the kidney

3.41 Renal failure 5.54 Acute versus chronic renal failure

8.4 Tests to do when patient in renal failure

8.58 Pre-renal versus renal versus obstructive

9.53 ENDS

#### Part 7 - 30 MB **RENAL 7**

0 Pre-renal versus renal versus obstructive

0.11 Urea:creatinine ratio

1.29 Ultrasound

1.55 Urinary sodium and urinary osmolality

3.09 Top five causes of acute renal failure

5.36 Top five causes of chronic renal failure

6.13 Check drug chart - drugs cause everything

6.47 Management of acute renal failure

10 ENDS

#### Part 8 - 18 MB **RENAL 8**

0 Management of acute renal failure continued

5.15 Reasons for low urine output on surgical wards

6.09 ENDS

#### Part 9 - 30 MB **DIABETES 1**

0 Introduction

0.45 Definitions

3.3 Types

4.52 Type 1 Diabetes Mellitus

5.43 Presentation - symptoms

6.38 Type 2 Diabetes Mellitus

7.05 Presentation - symptoms

8.11 Examination of the well diabetic patient - annual review

9.39 Macrovascular complications

10.01 ENDS

## Part 10 - 29 MB DIABETES 2

0 Macrovascular complications continued

0.21 Microvascular complications

1.26 Diabetic retinopathy

3.43 Eve disease

4.43 Feet

5.1 Neurology

5.29 Causes of peripheral sensory neuropathy

6.29 Neurological complications of diabetes

7.48 Summary of all complications of diabetes

8.45 Diabetic coma

9.01 Hypoglycaemia

10.02 ENDS

# Part 11 - 28 MB DIABETES 3

0 Hypoglycaemia continued

1.16 Underlying cause

1.58 Management

- 4 Hyperglycaemia
- 4.06 Diabetic ketoacidosis
- 4.16 Presentation
- 5.07 Confirm diagnosis investigations
- 6.53 Corroborative history
- 7.27 Examination
- 8.08 Initial management
- 8.53 Investigations
  - 10 ENDS

### Part 12 - 28 MB DIABETES 4

- 0 Investigations
- 0.37 Senior review
- 0.5 Treatment
- 1.33 Fluids
- 6.47 Potassium
- 8.03 Low molecular weight heparin
- 8.37 Treat underlying cause
- 8.59 NG tube
- 9.34 Insulin sliding scale
  - 10 ENDS

### Part 13 - 28 MB DIABETES 5

- 0 Insulin sliding scale continued
- 0.15 Blood glucose and units of insulin to give per hour
- 4.24 Hyperosmolar non-ketotic coma
- 4.45 Causes
- 5.36 Initial investigations and management
- 6.36 Insulin sliding scale
- 8.09 Fluids
- 9.33 Low molecular weight heparin
- 10.02 ENDS

# Part 14 - 28 MB DIABETES 6

- 0 Treat underlying cause
- 0.15 Management insulin regimes once eating and drinking in hospital Four times-daily regime
- 6.45 Twice-daily regime
- 8.51 HBA1c measure control over past three months
- 9.53 Chronic disease management
- 10.01 ENDS

# Part 15 - 36 MB DIABETES 7

- 0 Five questions to ask chronic disease managemen
- Four-step generic management of any chronic disease Education, Risk Factors,
- 0.19 Multidisciplinary Team, Drugs
- 0.47 Insulin
- 1.01 Oral hypoglycaemics
- 1.21 Biguanides metformin
- 5.08 Sulphonylureas compared with biguanides
- 5.47 Sulphonylureas and half-life
- 7.07 Glitazones
- 7.47 Repaglinide group
- 8.37 Acarbose
- 9.08 Gliptins and GLP-1 mimetics
- 12.16 ENDS

## Timecode GI AND HEPATOBILIARY

# Part 1 - 29 MB GI AND HEPATOBILIARY 1

- 0 Introduction
- 1.5 History symptoms
- 1.56 Nausea, vomiting and haematemesis
- 3.3 Abdominal pain
- 4.11 Bowel habit; stools
- 5.42 Anorexia; weight loss; appetite
- 8.04 Dysphagia
- 9.58 ENDS

### Part 2 -29 MB GI AND HEPATOBILIARY 2

- 0 Dysphagia continued
- 0.29 Structure history upper GI from mouth down to lower GI and bowels
  - 2 Hepatobiliary symptoms
  - 2.1 Jaundice
- 3.08 Risk factors for acute and chronic liver disease
- 4.18 Previous medical history
- 4.28 Treatment history
- 4.41 Social history (including alcohol history)
- 7.18 Review of systems
- 7.49 Examination
- 8.04 Hands
- 8.11 Leuconychia
- 9.45 Koilonychia continued
  - 10 ENDS

### Part 3 - 29 MB GI AND HEPATOBILIARY 3

- 0 Koilonychia continued
- 0.29 Clubbing
- 1.45 Palmar erythema
- 3.04 Dupuytren's contracture
- 6.43 Flap
- 7.32 Signs of encephalopathy
- 8.18 Causes of encephalopathy
- 9.01 Get patients to draw a six-pointed star to assess encephalopathy constructional dyspraxia
  - 10 ENDS

# Part 4 - 29 MB GI AND HEPATOBILIARY 4

- 0 Get patients to draw a six-pointed star to assess encephalopathy dyspraxia
- 0.33 Other causes of asterixis
- 0.51 Arms
- 2.21 Pulse and blood pressure
- 2.42 Face
- 4.01 Neck; lymph nodes
- 5.21 Chest
- 5.25 Spider naevi
- 6.02 Causes of spider naevi
- 6.31 Gynaecomastia
- 6.46 Physiological causes of gynaecomastia
- 7.47 Pathological causes of gynaecomastia
- 9.12 Examine for gynaecomastia
- 9.45 Do not confuse gynaecomastia with galactorrhoea
  - 10 ENDS

# Part 5 - 29 MB **GI AND HEPATOBILIARY 5** 0 Do not confuse gynaecomastia with galactorrhoea continued 0.11 Loss of male distribution of hair 0.45 Abdomen 0.51 Five signs of chronic disease in the abdomen 1.01 Caput medusae 3.59 Signs of chronic liver disease 4.46 Spider naevi found on back and shoulders too 5.11 Causes of jaundice with signs of chronic liver disease 7.25 Causes of jaundice without signs of chronic liver disease 9.48 Hepatomegaly with and without chronic liver disease 10 ENDS **GI AND HEPATOBILIARY 6** Part 6 - 29 MB 0 Hepatomegaly with and without chronic liver disease 0.11 Malignancies 0.31 Splenomegaly 0.43 How to distinguish the spleen from a kidney or other mass 2.03 How to examine for the spleen 2.3 Examination of the abdomen generally 5.22 Examination for the spleen continued 6.05 Five causes of a giant spleen - A-sized 7.16 Causes of a B-sized spleen 7.45 Causes of a C-sized spleen 8.1 Causes of a D-sized spleen 8.49 Causes of hepatosplenomegaly 9.18 Ascites 9.3 Examination for ascites 10.01 ENDS Part 7 - 30 MB **GI AND HEPATOBILIARY 7** 0 Examination for ascites continued 3.12 Causes of ascites 3.15 Transudates 4.29 Exudates START 5.39 Use serum ascites albumin gradient to classify instead of transudate v. exudate 9.11 Other things about ascites 10.15 ENDS Part 8 - 38MB **GI AND HEPATOBILIARY 8** 0 Spontaneous bacterial peritonitis - a cause of ascites in the encephalopathic patient 1.03 Examination 1.21 Peritoneal tap 2.28 Treatment 3.16 What fluids not to give if encephalopathic 4.4 Things to check 5.34 Investigations generally 6.28 Bloods 6.31 Full blood count 8.38 Urea and electrolytes 9.59 Random blood glucose 10.25 Liver function tests

10.59 Autoimmune disease11.52 Other bloods12.18 Liver function tests

10.3 Inflammatory markers - ESR and CRP

13.51 ENDS

# Part 9 - 2 MB **GI AND HEPATOBILIARY 9** Video tape ran out - Adam Feather instead gives a summary to camera of what you 0 need to know 0.07 Raised alkaline phosphatase with other LFTs normal 0.33 ENDS Part 10 - 30 MB GI AND HEPATOBILIARY 10 0 Patient with newly diagnosed chronic liver disease - liver screen 1.47 Radiology 2.57 Endoscopy 4.04 Specific diseases 4.08 Dysphagia 5 Investigations 5.36 Treatment 5.48 Haematemesis 6.02 Causes 8.59 Questions to ask about the haematemesis 9.21 Risk factors and past medical history 10.02 ENDS Part 11 - 29 MB **GI AND HEPATOBILIARY 11** 0 Risk factors and past medical history continued 0.4 Management of acute upper GI bleed (non-variceal) 2.27 Bloods 3.18 If haemodynamically stable 3.4 If not haemodynamically stable 5.2 Stigmata of an unstable ulcer 6.23 Management of an unstable ulcer 9.06 Transfusion - who are you going to transfuse? 10.01 ENDS Part 12 - 28 MB **GI AND HEPATOBILIARY 12** 0 Transfusion - who are you going to transfuse? continued

- 0.26 Prognosis Rockall criteria
- 5.15 Oesophageal varices
- 6.26 Causes
- 7.09 Classification grades
- 7.56 Risk factors
- 8.54 Primary prophylaxis anyone at risk
  - 10 ENDS

# Part 13 - 28 MB GI AND HEPATOBILIARY 13

- 0 Primary prophylaxis anyone at risk continued
- 0.37 Severe bleeding
- 1.04 Child-Pugh score (severity of underlying disease) affects prognosis
- 3.13 Mild, moderate, and severe (or A, B, and C) disease according to Child-Pugh score
  - 4.2 Initial management of patient with a major oesophageal bleed
- 7.15 Vasoconstrictors to use if any delay before endoscopy
  - 8.4 Endoscopy; banding, injection, balloon tamponade Sengstaken-Blakemore tube
  - 10 ENDS

# Part 14 - 28 MB GI AND HEPATOBILIARY 14

- 0 Sengstaken-Blakemore tube continued
- 4.09 TIPSS Transjugular intrahepatic portosystemic shunting
- 5.05 Treatment if patient survives
- 5.36 Anti-encephalopathy treatment

- 6.52 Causes of malabsorption
- 8.08 Coeliac disease
- 8.23 Inflammatory bowel disease
  - 10 ENDS

# Part 15 - 28 MB GI AND HEPATOBILIARY 15

- 0 Inflammatory bowel disease continued
- 0.35 Aetiology and risk factors
- 1.36 Extra-GI manifestations
- 1.49 Eyes
  - 2 Skin
- 3.05 Joints
- 3.31 Hepatobiliary
- 4.03 Renal
- 4.21 Amyloid
- 4.43 Distinction between ulcerative colitis and Crohn's disease
- 5.36 Presentation
- 6.43 Initial management
- 7.26 If acutely unwell
- 7.37 Definition of a severe attack
- 7.57 Examination
- 8.15 Investigations
- 9.06 Treatment of an acute attack
- 10.01 ENDS

### Part 16 - 28 MB GI AND HEPATOBILIARY 16

- 0 Treatment of an acute attack continued
- 0.33 Indications for surgery
- 1.38 Drugs
- 1.55 Nutrition
- 2.25 Multi-disciplinary team
- 2.47 Patient in remission
- 2.57 Ulcerative colitis treatment
- 4.05 Treatment if patient deteriorates
- 4.31 Steroids avoided if possible
- 4.51 Smoking
- 5.16 Crohn's disease treatment
- 6.22 Treatment if patient deteriorates
- 6.42 Complications (of Crohn's disease especially)
- 7.46 Multidisciplinary team
  - Other topics not covered in these sessions need to read up on constipation, diarrhoea,
- 8.15 lower GI bleeds, and colonic carcinoma
- 8.55 ENDS

# Timecode **NEUROLOGY** Part 1 - 29 MB **NEUROLOGY 1** 0 History - symptoms 0.24 Headache 4.27 Central versus peripheral things 5.11 Loss of consciousness 6.25 Seizures 7.41 Higher functions 7.57 Comprehension 9.54 Dysphasia 10 ENDS Part 2 - 29 MB **NEUROLOGY 2** 0 Dysphasia continued 1.31 Dysarthria 3.28 Change in voice 4.39 Eyes 6.02 Hearing 6.33 Peripheral nervous system 6.37 Weakness and sensory loss 10.03 ENDS Part 3 - 30 MB **NEUROLOGY 3** 0 Weakness and sensory loss continued 2.13 Presentation of the neurological history - dominant hand 2.49 Examination 3.01 Cartoon to help you remember the location of all the cranial nerve nuclei 5.46 Generic causes of anything in the CNS 10.02 ENDS Part 4 - 31 MB **NEUROLOGY 4** 0 Generic causes of anything in the CNS 0.18 Cranial nerve examination 1.16 Olfactory (I) 2.18 Causes of olfactory lesions 3.02 Eyes (II, III, IV, and VI) 3.21 Vision 3.29 Acuity 6.17 Visual fields 7 Diagram 8.47 How to describe a patient's fields 10.01 ENDS Part 5 - 30 MB **NEUROLOGY 5** 0 How to describe a patient's fields continued 1.26 Common lesions 1.31 Retina 3.16 Optic nerve 3.44 Optic chiasm 4.46 Optic tracts and optic radiation 5.55 Optic cortex

6.49 Testing the visual fields9.56 Extraocular muscles

10.01 ENDS

# Part 6 - 30 MB **NEUROLOGY 6** 0 Extraocular muscles (III, IV, and VI) 0.13 Lesion of III 3.29 Lesion of IV rarely in isolation 3.39 Lesion of VI 4.21 H' pattern 5.54 Pupils 6 Equal 7.02 Sympathetic versus parasympathetic 8.1 Unilateral problems 9.23 Horner's syndrome 10.01 ENDS Part 7 - 48 MB **NEUROLOGY 7** 0 Horner's syndrome continued 2.14 Causes of Horner's syndrome 3.49 Reactive to light 5.56 Ophthalmoscopy 6.01 Technique 11.14 Common retinopathies 11.21 Four grades of hypertensive retinopathy 12.04 Diabetic retinopathy 12.56 Optic atrophy 13.4 Maculopathy 14.07 Ophthalmoscopy practice 16.02 ENDS Part 8 - 30 MB **NEUROLOGY 8** 0 Eyes summary 0.25 Trigeminal (V) 0.47 Motor part and how to test the motor part 1.47 Sensory part 4.34 How to test the sensory part 7.21 Facial (VII) 9.49 Upper Motor Neuron lesion 10.02 ENDS Part 9 - 29 MB **NEUROLOGY 9** 0 Lower Motor Neuron lesion 0.28 Causes of Upper Motor Neuron lesion 1.01 Causes of Lower Motor Neuron lesion 2.4 Vestibulocochlear (VIII) 2.55 Weber's test 3.46 Rinne's test 4.16 Otoscopy 5.11 Glossopharyngeal (IX) and Vagus (X) 7.26 Testing a patient's swallow 10.01 ENDS Part 10 - 28 MB **NEUROLOGY 10** 0 Testing a patient's swallow 2.42 Spinal part of accessory (XI) 4.49 Hypoglossal (XII) 5.42 Cerebellar assessment 6.22 Hands - dysdiadochokinesis and intention tremor 9.04 Eyes 9.36 Speech

# 10.02 ENDS

# Part 11 - 28 MB NEUROLOGY 11

- 0 Speech
- 0.24 Ataxia
- 0.47 Gait
- 2.47 Unilateral cerebellar diseases
- 4.21 Bilateral cerebellar diseases
- 5.42 Lesions in the cerebellum
- 6.53 Peripheral nervous system
- 7.01 Examination
- 7.44 Motor examination
- 7.48 Upper motor neuron versus lower motor neuron
- 9.08 Examination of the upper limbs
- 9.1 Inspection
- 10.01 ENDS

## Part 12 - 28 MB NEUROLOGY 12

- 0 Inspection continued
- 0.39 Tone
- 1.59 Power
- 2.13 Shoulders (including how to grade power generally)
- 4.42 Elbows (biceps and triceps)
- 5.54 Wrists
- 6.24 Fingers
- 8.21 Lower limbs
- 8.3 Inspection
- 8.35 Tone
- 9.38 Power
- 9.51 Hips
- 10.01 ENDS

## Part 13 - 28 MB NEUROLOGY 13

- 0 Hips continued
- 0.45 Knees
- 1.24 Feet
- 2.25 Coordination
- 3.09 Reflexes upper limb
- 4.39 Relexes lower limb
- 5.44 Plantar reflex
- 8.21 Roots of the reflexes
- 9.29 Sensation dorsal column versus spinothalamic tract ENDS

# Part 14 - 24 MB NEUROLOGY 14

- 0 Dermatomes upper limb
- 1.51 Dermatomes lower limb
- 4.08 Examination
- 4.11 Light touch
- 5.04 Classic sensory problems
- 6.24 Causes of peripheral sensory neuropathy
- 7.45 Pain
- 8.07 Vibration
- 9.03 Joint position sense
  - 10 ENDS

## Timecode NEUROLOGY cont. & INFECTIONS & THYROID DISEASE

## Part 1 - 29 MB NEUROLOGY 15

- 0 Introduction
- 0.4 Stroke
- 1.14 Definition
- 3.32 Infarction
- 3.52 Oxford Stroke Classification
- 7.49 History
- 7.52 History of presenting complaint
- 8.17 Risk factors
- 8.3 Drug history
- 8.54 Differential diagnosis
- 9.22 Social history
- 9.52 ENDS

### Part 2 - 29 MB NEUROLOGY 16

- 0 Social history continued
- 0.11 History summarized
- 0.42 Examination
- 0.45 Why examine?
- 1.5 Risk factors on examination
- 4.48 Temperature
- 5.28 Carotid bruit
- 7.5 Investigations
- 8.32 Bloods
- 9.58 Chest X-ray
- 10.01 ENDS

# Part 3 - 29 MB NEUROLOGY 17

- 0 Chest X-ray continued
- 0.25 ECG
- 1.05 Echo
- 1.16 Carotid ultrasound
- 4.02 Management
- 5.14 First 24 hours
- 6.1 Medications
- 7.4 Contraindications to thrombolysis
- 9.39 Temperature
- 9.51 Capillary blood glucose
- 10.15 ENDS

## Part 4 - 29 MB NEUROLOGY 18

- 0 Blood pressure
- 0.09 Treat underlying risk
- 0.2 Risk factors
- 2.19 Psychological support
- 2.55 Multidisciplinary team
- 3.08 Rehabilitation
- 3.29 Oxford Stroke Classification important for predicting how likely patient will get independent
- 5.37 Seizures
- 6.13 Causes of secondary seizures (i.e. other than epilepsy)
- 7.31 Metabolic causes (large subgroup)
- 10.02 ENDS

### Part 5 - 29 MB NEUROLOGY 19

- 0 Metabolic causes (large subgroup) continued
- 0.19 Causes of secondary seizures (i.e. other than epilepsy) continued
- 2.11 Primary epilepsy
- 2.14 Classification
- 3.04 Focal or partial seizures types
- 4.15 Aura versus prodrome
- 5.09 Focal or partial seizures continued
- 5.37 Generalized seizures types
- 6.55 History from patient
- 7.57 Corroborative history
- 8.3 Think about secondary causes, family history, past medical history
- 9.2 ENDS

### Part 6 - 29 MB NEUROLOGY 20

- 0 Social history
- 0.15 Going back to secndary seizures drugs that cause seizures
- 2.05 Examination
- 3.21 Investigations
- 5.1 Management
- 5.15 Negotiation and education
- 8.25 Treatment options
- 9.2 Risk factors
- 9.34 Medications
- 10.02 ENDS

### Part 7 - 30 MB NEUROLOGY 21

- 0 Medications continued
- 4.58 Parkinsonism
- 5.39 Causes of secondary Parkinsonism
- 5.44 Drugs
- 7.47 Vascular
- 8.1 Parkisonism plus atypical features
- 9.58 Toxins
- 10.01 ENDS

## Part 8 - 38 MB NEUROLOGY 22

- 0 Toxins continued
- 0.1 Trauma
- 0.45 History classic features of Parkinson's
- 2.26 Examination
- 3.19 Investigations
- 5.13 Management
  - 6 Medications
- 9.44 L-dopa
- 11.39 If difficult to control
- 12.04 Use of stereotactic surgery
- 13.03 ENDS

# Part 9 - 30 MB NEUROLOGY 23

- 0 Demyelination and multiple sclerosis
- 0.58 Dipyridamole missed out earlier
- 1.41 Risk factors / aetiology
- 2.31 Types
- 3.11 Sites of demyelination
- 4.18 Examination
- 5.28 Investigations

- 6.27 Chronic disease management
- 6.44 Treatment
- 6.49 Steroids in the acute phase
- 7.05 Treatments in the chronic phase
- 9.41 Demyelination and peripheral sensory neuropathy or cerebellar syndrome
- 10.04 ENDS

### Part 10 - 29 MB NEUROLOGY 24

- 0 Meningitis
- 0.29 Types
- 0.57 Viral
- 2.19 Bacterial
- 2.26 Causative organisms
- 3.14 Presentation
- 3.53 Examination
- 6.15 Generic any infectious disease
- 8.11 Investigations in bacterial meningitis
- 8.15 Bloods
- 9.58 ENDS

## Part 11 - 28 MB NEUROLOGY 25

- 0 Bloods continued
- 0.22 Other investigations
- 0.34 Lumbar puncture
- 1.27 Cerebrospinal fluid
- 2.31 Normal
- 3.37 In viral / bacterial / TB meningitis
- 6.53 Differentials between bacterial / TB meningitis
- 8.59 Treatment
- 9.59 ENDS

## Part 12 - 28 MB NEUROLOGY 26 AND INFECTIONS

- 0 Treatment continued
- 0.23 Broad-spectrum antibiotics
- 2.04 Steroids
- 3.03 Antibiotics generally head to toe
- 3.11 Ear, Nose, and Throat
- 4.15 Eyes
- 4.51 Chest
- 5.41 Endocarditis
- 6.26 Hepatobiliary
- 7.02 Bowel
- 7.34 Hospital's microbiology policy
- 7.56 Renal
- 8.38 Skin
- 9.05 Joints
- 9.45 Serious infection generally
- 9.59 ENDS

# Part 13 - 28 MB INFECTIONS; MOTOR NEURONE DISEASE; THYROID DISEASE 1

- 0 Serious infection generally continued
- 0.46 Motor Neurone Disease
- 1.44 Typical features
- 3.36 Examination to exclude differentials
- 4.24 Treatment
- 4.39 Multidisciplinary team
- 5.03 Palliative care discussed while well

- 6.07 Random things
- 6.22 Thyroid disease
- 6.39 History symptoms
- 7.03 Central nervous system
- 8.09 Cardiovascular
- 8.37 Gastrointestinal
- 8.57 Gynaecological
- 9.16 Musculoskeletal
- 9.32 General
  - 10 ENDS

# Part 14 - 28 MB THYROID DISEASE 2

- 0 General
- 0.02 Examination
- 0.33 Neck mass
- 0.46 From the end of the bed
  - 1 Graves' triad
- 1.17 Other signs of autoimmune disease
- 1.27 Inspection
- 1.37 Swallow test while watching and tongue protrusion
- 2.07 Examination of the mass from behind
- 2.35 Lymph nodes
- 2.46 Swallow test while feeling
- 2.58 Bruit
- 3.09 Percussion for retrosternal extension
- 3.2 Pemberton's sign
- 4.25 Examination of patient's thyroid status
- 4.38 From the end of the bed
- 4.44 Hands
- 6.31 Pulse
- 6.38 Proximal myopathy
- 6.51 Eye signs
- 7.21 Speech
- 7.37 Complexion
- 8.07 Weight loss
- 8.12 Bruit over goitre
- 8.36 Reflexes
- 9.05 Pre-tibial myxoedema
- 9.13 Investigations
- 9.59 ENDS

# Part 15 - 24 MB THYROID DISEASE 3; THERAPEUTICS TOPICS GENERALLY

- 0 Thyroid function tests
- 0.15 Hypothyroidism
- 0.29 Thyrotoxicosis
- 0.56 Sick euthyroid syndrome
- 1.39 Treatment
- 1.45 Hypothyroidism
- 3.51 Thyroidectomy for cosmetic reasons if euthyroid
- 4.21 Thyrotoxicosis
- 4.27 Drugs
- 6.18 Radioactive iodine therapy
- 6.51 Surgical removal
- 7.04 Other things to tell you
- 7.06 Therapeutics topics that often come up
- 7.58 ENDS